

The Life Eternal Trust

Unit No 1111, 11th Floor, Hubtown Solaris, N. S. Phadke Marg, Andheri (E), Mumbai 400 069
+91-22-2684 3169 +91 7738 1111 85 mumbailet@gmail.com www.sahajayogamumbai.org
Charity Comm. Regd.No. E/4884 (B) 1972



Founder
H. H. Shree Mataji Nirmala Devi

“JAI SHREE MATAJI”
International Sahaja Yoga Seminar – 2019
Nirmal Nagari, Ganapatipule
December 23 – 26, 2019

Dear Brothers and Sisters,

With the divine blessings of **HER HOLINESS SHREE MATAJI NIRMALA DEVI**, The Life Eternal Trust, (Mumbai) is delighted to invite and welcome you to the International Sahaja Yoga Seminar 2019 at Nirmal Nagari, Ganapatipule. As we all know, Ganapatipule is the place of Shri Mahaganesha. It is also the place which was specially selected by Holy Mother who has immortalized it by celebrating Christmas there with thousands of us continuously for nearly two decades. You all will agree that it is a special location vibrated over the years with Mother's Divinity and vibrations of the global collective.

The seminar will be held from **23rd to 26th December 2019**. Christmas Puja would be on morning of December 25, 2019 and Sahaja marriages would be solemnized on December 26, 2019.

I. PROGRAMME SCHEDULE:

	23 December (Monday)	24 December (Tuesday)	25 December (Wednesday)	26 December (Thursday)
6 AM	Morning Meditation			
8.30 to 10.00 AM	Breakfast / Cleansing at the Sea		Christmas Puja 8.30 am onwards	Breakfast / Cleansing at the Sea
10.30 AM to 1.30 PM	- Hawan - Announcement of Sahaja Marriages - Seminar on Sahaja Marriages and Q & A	Cultural program / collective meditation / Seminar		9 AM onwards- Haldi Programme
1.30 to 3.00 PM	Lunch			
4.30 to 5.30 PM	Cleansing at the sea			
6.30 PM onwards	Musical / Dance/ Drama evening			Solemnization of Sahaja Marriages
8.30 PM to 10.30 PM	Dinner			Dinner- after Marriages

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II. CONTRIBUTION TOWARDS SEMINAR EVENT EXPENSES

A) Indian Sahaja yogis - Contribution in Indian Rupees:

	Upto December 13	From December 14 upto December 20	From December 21 At Puja site
Payment Methods	Digital : UPI, IMPS, NEFT, RTGS, Cheque /Demand Draft, Online www.sahajayogamumbai.org (Debit/Credit card) Cash: Not allowed Cash deposit directly in bank account : NOT allowed		Digital : Debit / Credit card Cash : allowed
Adults	2900/-	3000/-	3500/-
Yuvas	2100/-	2200/-	2500/-
Children (6-12 years)	1500/-	1600/-	1800/-
Children below 6 years	Nil	Nil	Nil

Only Puja Day on December 25, 2019

Adults & Yuvas	750/-	800/-	900/-
Children (6-12 years)	550/-	600/-	700/-

Event Expenses to be paid in the below account :

Name of the account	The Life Eternal Trust
Nature of account	Savings
Account No	9712920279
IFS Code	KKBK0001405
Name & address of branch	Kotak Bank, BKC Branch, Mumbai- 400 051
UPI account number (Electronic Wallet)	gpseminar@kotak

- 1) Cash and Cash Deposits : Cash deposit directly in bank account of Trust is NOT allowed. Cash will be accepted only at Nirmal Nagari site after submitting xerox copy of ID proof (PAN / Aadhar /driving license) along with Annexure A form.
- 2) Seminar Event expenses will include charges for Stay and Meals (ie breakfast, lunch, dinner) from December 23-26, 2019. Food charges are separately payable for December 22 and December 27, 2019.
- 3) Only Puja Day Coupons will be given at the seminar site on or after December 24, 2019. It covers only Puja and Mahaprasad. Accommodation for the night of December 24, 2019 will be provided at Rs 250/-.
- 4) Badges will be given only against submission of Proof of payment.
- 5) Annexure A and Proof of payment to be sent by by Whatsapp on : + 91 7738111185 or by Email on: seminar.payments@sahajayogamumbai.org
- 6) Annexure A is NOT required to be submitted in case of online payment through website. Annexure A is required to be submitted for other modes and for cash payment at site.
- 7) Contribution for SAARC countries will be the same as for Indian nationals.

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B) Foreign Sahaja Yogis - Contribution towards Event Expenses:

Foreign Sahaja Yogis **HAVE TO** register for the seminar on the website www.sahajayogamumbai.org latest by December 13, 2019. Payment of contribution should be made **in INR only**, on arrival, as under:

Adults	Rs 7000/-
Yuvas	Rs 5000/-
Children (6-12 years)	Rs 3500/-
Children below 6 years	Nil

3 photocopies of passport, visa and three 3 photos are required to be submitted, as it is needed to be submitted to various authorities.

III. SAHAJA MARRIAGES:

Sahaja Marriage forms can be downloaded from website www.sahajayogamumbai.org. Last date for submission of form is **November 25, 2019**.

All Sahaja Yogis / Yoginis, who are eligible for marriage as per Sahaja protocols, may send their marriage applications **FULLY filled** up in all respects, to the following address:

The Life Eternal Trust, Mumbai

Unit No 1111, 11th Floor, Hubtown Solaris, N S Phadke Marg, Andheri (East), Mumbai 400069
+ 91 22 26843169, + 91 7738111185

OR

Email a clear scanned copy of the current years' application form affixed with a coloured photograph before the last date on email id: sahajamarriages@sahajayogamumbai.org.

The marriage registration fee for the yogis/yoginis willing to get married / remarried will be Rs. 25,000/- per couple (i.e. Rs.12,500/- per yogi / yogini), which must be deposited or remitted online when the couples present themselves for registration of their marriages at Seminar site.

Marriages for Applicants matched at Cabella by the International Sahaja Yoga Marriage Committee will also be solemnized at Nirmala Nagari, Ganapatipule. Applicants need to email a clear readable copy of the application /forms submitted at Cabella for matching purposes and the email for match sent by the Committee.

IV. PERFORMANCES AT THE SEMINAR:

It will be our endeavor to include performances by foreign sahaja yogi brothers and sisters in this years' seminar also. We would therefore request all Foreign and Indian sahaja yogis brothers and sisters, who are interested to perform/ participate to send details of their desired programme on seminar.performances@sahajayogamumbai.org latest **by November 25, 2019**.

V. CLASSES AT VAITARNA MUSIC ACADEMY

One Month Certification Course (in Vocals, Music instruments and Dances) at the holy land of Shri P. K. Salve Kala Pratishtan, (Vaitarna Academy) is scheduled from November 15,

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2019 to December 15, 2019. Details of the same is available on www.sahajayogamumbai.org and www.pksacademy.com.

VI. MAHARASHTRA TOUR:

You will surely recall that Her Holiness Shree Mataji has Herself led several batches of Sahaja Yogis from all over the world on two week long tours of Maharashtra, the land of the Adi Kundalini and Asht Vinayaka Swayambus. We are seeking to keep alive this practice started by Her Holiness Shree Mataji and with Her blessings, another Maharashtra Tour is being organized before this years' seminar to collectively visit and enjoy the vibrations at places with spiritual history and traditions along with natural beauty in the Holy land of Maharashtra.

Tour itinerary, payment instructions etc are available on www.sahajayogamumbai.org. For queries you may write to us on maharashtratour@sahajayogamumbai.org.

We shall be obliged and request all the Country Coordinators/State/City Centre co-ordinators to forward this circular to all Sahaja yogi brothers and sisters, so that all can be participate and benefit from this Spiritual Seminar.

Looking forward to your participation in large numbers,

Warm regards and Love,

The Trustees of The Life Eternal Trust, Mumbai.

Smt Kalpana Srivastava
Shri Rajiv Kumar
Shri Praviin Jaawalkar
Shri Sudershan Sharma
Shri Laxmikant Katewa

FOR ANY CLARIFICATIONS REGARDING SEMINAR, YOU MAY CONTACT US ON :

Mumbai Trust Office	+91 22 26843169 / +91 7738111185
Ganapatipule Seminar Office	+91 2357 235663 / 235662
Remittances/ payments	+ 91 22 26843169, seminar.payments@sahajayogamumbai.org
Transportation from Mumbai	seminar.transport@sahajayogamumbai.org
Accommodation at Pune	+91 20 25283830 / +91 7410077782
Sahaja Marriages	sahajamarriages@sahajayogamumbai.org
Other Queries	seminar.queries@sahajayogmumbai.org

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IMPORTANT INFORMATION:

1) SEMINAR VENUE: Nirmal Nagari, Malgund-Bhailadi, Ganapatipule, District Ratnagiri, Maharashtra. Contact: + 91 2357 235663 / 235662. **Location:** goo.gl/d4Gqig

By Road: Distance to Ganapatipule (in Kms):

From	Distance (Kms)	Best Road Route tp Nirmal Nagari, Ganapatipule
Kolhapur	15 4	Chandoli - Amba Ghat - Karnjari - Pali - Hathkumbe - Nivali Phata – Ganapatipule
Pune	235	Pune - Satara - Umbraj - Chiplun State Highway - Patan - Chiplun - Savarda – Nivali Phata-Chafe - Ganapatipule
Mumbai	391	Panvel - Rohe - Mahad - Khed - Chiplun - Savarde - Nivali Phata-Chafe – Ganapatipule

By Air: Mumbai Airport, is approx. 380 kms. away from Nirmal Nagari, Ganapatipule. Yogis/ Yoginis requiring Transport from Mumbai Airports and any other assistance at the airports must submit their request on email to seminar.transport@sahajayogamumbai.org **latest by December 15, 2019.** Due to busy tourist season, early intimation is advisable. Common meeting point at Terminal 2 International Airport will be the Fountain near the Exit. We recommend you to wear Shree Mataji's badge for easier identification.

Facility is available at the Mumbai airports for Prepaid taxis/ UBER / Ola to Health Centre at CBD Belapur, Pune and Ganapatipule. Those travelling via Goa and Pune airports may make their own arrangements for travel to Nirmal Nagari.

By Train: The closest Railway station, Ratnagiri, is about 40 kms away from Nirmal Nagari, Ganapatipule. Sahaja Yogi volunteers will be available at Ratnagiri railway station from morning 8.00 AM, December 22, 2019 onwards to receive and assist participants to reach the Seminar site. Yogis/ yoginis requiring transport from Ratnagiri are requested to send their request on seminar.transport@sahajayogamumbai.org.

3) FOREX : Limited forex facility is available at Nirmal Nagari Site, Ganapatipule. You may exchange at Airports or at convenient locations, before reaching the Seminar Site.

4) WATER : Clean filtered water is available at the seminar site. Reverse Osmosis filtration plant has been installed which will provide clean water for drinking as well as cooking.

5) MEDICAL FACILITIES : Though Basic Medical facilities will be available at the seminar site, you are requested to carry your prescribed medicines alongwith you and **consult your doctor in case of critical illness.**

6) SEA : Sea is meant for foot soaking and cleansing of subtle system. All are requested to adhere to the specified timings and not to venture too far out in the sea.

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7) ACCOMMODATION:

At Nirmal Nagari : All participants shall be entitled to accommodation in a tent, **only mattresses will be provided**, bedsheets will not be provided. They are requested to get their own chaddars / shawls and woollen clothes due to the winter season. Temperature may range from 12 – 33 degree Celsius. Advisable to carry a torch and a cap.

Foreigners will be provided accommodation in dormitories, and mattresses will be provided along with bedsheets.

At Ganapatipule Hotels : Details of hotel accommodations at Ganapatipule are available on www.sahajayogamumbai.org. You may book the accommodation directly with the hotels.

At Pune Ashram: Transit Accommodation is available at Pune, Kothrud Ashram (Sahaja Yoga Dhyana Kendra, Bhusari Colony, Paud Road, Kothrud Pune, Phone and Whatsapp No +91 7410077782) at a nominal charge of Rs 300/- per day (without food) on first cum first serve basis before or after the seminar dates.

At Health Centre : You may directly contact Health Centre at CBD Belapur for accommodation there (email: sahaja.health.center@gmail.com).

At Vaitarna Academy : Transit Accommodation is available at Vaitarna Academy at a nominal charge of Rs 600/- per day (with food) on first cum first serve basis before or after the seminar dates.