

# The Life Eternal Trust

B-612, Urmila Bldg., Sahar Road, Shivaji Chowk, Koldongri, Andheri (E), Mumbai - 400 069.  
Tel. : 91-22-2684 3169 • Telefax : 2683 1314 • Site : www.sahajayogamumbai.org

Charity Comm. Regd. No. : E/4884 (B) 1972



Founder

August 10, 2016

**“JAI SHREE MATAJI”**

**International Sahaja Yoga Seminar – 2016  
Nirmal Nagari, Ganapatipule  
December 23 – 26, 2016**

*“I had a special purpose in coming to Ganapatipule, apart from that it was a very beautiful place and very relaxing for all of you. The reason is: I found this place had vibrations which will clear you out very easily. . .”*

***Her Holiness Shree Mataji Nirmala Devi, December 31, 1985***

*“Ganapatipule has a special significance – because He is Mahaganesha. The Ganesha at Mooladhara becomes Mahaganesha in the Virata, that is the brain . . . The main root, as they call the taproot, the main root is innocence, is Shri Ganesha. And He becomes Mahaganesha in Ganapatipule. . . Here He’s surrounded by the Father Principle, the Guru Principle of the sea, the ocean – the Indian Ocean. That is, here He becomes a Guru . . .*

*Here, as we see in Ganapatipule, Shri Ganesha is in its complete matured form; so that we develop also our Mahaganesha within ourselves . . .*

*Today we came to Ganapatipule, it has a great significance, among the Asthavinayaka – eight Swayambhus of Shri Ganesha). It is the place of Mahaganesha. Mahaganesha is Pithadhish (Governor of all pithas) and sitting on this pitha, he looks after (protects) all the Ganesha Swayambhus . . .”*

***Her Holiness Shree Mataji Nirmala Devi, January 1, 1986***

*This seminar, or whatever you may call it, Ganapatipule, I don’t know what you call is a Divine congregation of all the Gods and Goddesses, is very symbolic to Me, because this represents the whole world, it represents the problems of the whole world and also the solutions. It’s such a beautiful idea. I don’t know how it worked into My head that I started this kind of a beautiful congregation to meet you all.*

***Her Holiness Shree Mataji Nirmala Devi, December 24, 1990***

**Dear Brothers and Sisters,**

**JAI SHREE MATAJI**

With the divine blessings of **HER HOLINESS SHREE MATAJI NIRMALA DEVI**, The Life Eternal Trust, (Mumbai) is delighted to invite and welcome you to the International Sahaja Yoga Seminar 2016 at Nirmal Nagari, Ganapatipule. As we all know, Ganapatipule is the place of Shri Mahaganesha. It is also the place which was specially selected by Holy Mother who has immortalized it by celebrating Christmas there with thousands of us continuously for nearly two decades. You all will agree that it is a special location vibrated over the years with Mother’s Divinity and vibrations of the global collective.

The seminar will be held from **23rd to 26th December 2016**. Christmas Puja would be organized on December 25, 2016 and Sahaja marriages would be solemnized on December 26, 2016.

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## I. PROGRAMME SCHEDULE:

### Day 1: December 23, 2016 (Friday)

Morning Meditation	6 AM
Breakfast	8.30 AM to 10.00 AM
Havan and welcome	10.30 AM
Announcement of Sahaja Marriages	1.00 PM
Lunch	1.30 PM to 3.00 PM
Cleansing at the sea	4.00 PM to 5.30 PM
Musical / Dance/ Drama evening	6.30 PM onwards
Dinner	8.30 PM to 10.30 PM

### Day 2: December 24, 2016 (Saturday)

Morning Meditation	6 AM
Cleansing at the Sea	8.30 AM to 10.00 AM
Breakfast	8.30 AM to 10.00 AM
Seminar / Cultural program / collective meditation	10.30 AM to 1.30 PM
Lunch	1.30 PM to 3.00 PM
Seminar on Health and Questions and Answers	3.00 PM to 4.30 PM
Cleansing at the sea	4.30 PM to 5.30 PM
Musical / Dance/ Drama evening	6.30 PM onwards
Dinner	8.30 PM to 10.30 PM

### Day 3: December 25, 2016 (Sunday)

Morning Meditation	6 AM
Cleansing at the Sea	8.30 AM to 10.00 AM
Breakfast	8.30 AM to 10.00 AM
Seminar and collective meditation	10.30 AM to 1.30 PM
Lunch	1.30 PM to 3.00 PM
Cleansing at the sea	4.00 PM to 5.30 PM
Christmas Puja	6.30 PM onwards
Mahaprasad	After Puja

### Day 4: December 26, 2016 (Monday)

Morning Meditation	6 AM
Cleansing at the Sea	8.30 AM to 10.00 AM
Breakfast	8.30 AM to 10.00 AM
Haldi Program	9.00 AM to 10.30 AM
Lunch	1.30 PM to 3.00 PM
Cleansing at the sea	4.00 PM to 5.30 PM
Solemnization of sahaja marriages	6.30 PM onwards
Dinner	After marriages

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## II. CONTRIBUTION TOWARDS EVENT EXPENSES

### A) Indian Sahaja yogis Contribution towards Event Expenses

		If Paid/remitted on or before Dec 9, 2016	Only Puja on December 25, 2016
Adults	Rs 2800/-	Rs 2500/-	Rs 700/-
Yuvas	Rs 2000/-	Rs 1800/-	Rs 700/-
Children (6-12 years)	Rs 1400/-	Rs 1200/-	Rs 500/-

Note : Children below six years are free. The above charges include stay charges and Meals (ie breakfast, lunch, tea and dinner) from December 23-26, 2016. Food charges are payable for December 22 and December 27, 2016.

**Mode of payment of Event Expenses is as under :**

#### **Event Expenses to be paid in the following account :**

Name of the account : "The Life Eternal Trust"

Nature of account : Savings

Account No: 00641 011 000 2250

IFS Code : BKID 000 00 64

Name & address of branch : Bank of India, Nepean Sea Road branch, Mumbai- 400 006

#### **By any of the following methods:**

1	Direct cash deposit	Can be done at any branch of Bank of India
2	Demand Draft	Drawn In favour of "The Life Eternal Trust" payable at Mumbai
3	National Electronic funds transfer (NEFT) or RTGS	From any bank throughout India
4	Debit / Credit card and Net Banking	Through the website <a href="http://www.sahajayogamumbai.org">www.sahajayogamumbai.org</a> . Facility will be enabled shortly.
5	Cheque	Not acceptable

You may send duly filled Annexure A (Format attached herewith) alongwith proof of amount deposited / remitted by any of above mentioned methods by post / courier to following address:

The Life Eternal Trust, Mumbai,  
B-612, Urmila Society Koldongri,  
Andheri (East), Mumbai – 400069.  
Phone: 022 26843169.

Or by email on [seminar.payments@sahajayogamumbai.org](mailto:seminar.payments@sahajayogamumbai.org)

Or by whatsapp on + 91 7738111185

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## B) Foreign Sahaja Yogis - Contribution towards Event Expenses :

Foreign Sahaja Yogis **have to** register for the seminar on the website [www.sahajayogamumbai.org](http://www.sahajayogamumbai.org) latest by December 11, 2016.

Payment of contribution should be **made in INR only**, on arrival, as under:

Adults	Rs 5500/-
Yuvas	Rs 4000/-
Children (6-12 years)	Rs 2800/-

Two photocopies of passport, visa and two photos are required to be submitted, as it is needed to be submitted to various authorities.

## III. SAHAJA MARRIAGES:

All Sahaja Yogis / Yoginis, who are eligible for marriage as per Sahaja protocols, may send their marriage applications duly filled up in all respects, latest by **November 22, 2016**, to the following address:

The Life Eternal Trust, Mumbai,  
B-612, Urmila Society, Koldongri,  
Andheri (East), Mumbai – 400069.  
Phone: + 91 22 26843169, + 91 22 26831314

Further, a clear and readable scanned copy of the application form with a coloured photograph should also be sent by the aforesaid date on following email id: [sahajamarriages@sahajayogamumbai.org](mailto:sahajamarriages@sahajayogamumbai.org). The marriage forms can be downloaded from website [www.sahajayogamumbai.org](http://www.sahajayogamumbai.org)

The marriage registration fee for the yogis/yoginis willing to get married / remarried will be Rs.15,000/- per couple (ie Rs.7,500/- per yogi/yogini), which must be deposited when the couples present themselves for registration of their marriages at Nirmal Nagari, Ganapatipule.

## IV. MAHARASHTRA TOURS:

You will surely recall that Her Holiness Shree Mataji had Herself led several batches of Sahaja Yogis from all over the world on two week long tours of Maharashtra, the land of the Adi Kundalini and Asht Vinayaka Swayambus. We are seeking to keep alive this practice started by Her Holiness Shree Mataji and with Her Blessings, another Maharashtra Tour is being organised before this years' seminar to collectively visit and enjoy the vibrations at places with spiritual history and traditions along with natural beauty in the Holy land of Maharashtra.

Details of the Tours, itinerary, payment instructions are attached separately. For details / queries you may write to us on [Maharashtratour@sahajayogamumbai.org](mailto:Maharashtratour@sahajayogamumbai.org).

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## V. PERFORMANCES AT THE SEMINAR:

It will be our endeavor to include performances by foreign sahaja yogi brothers and sisters in this years' seminar also. We would therefore request all Foreign and Indian sahaja yogis brothers and sisters, who are interested to perform/ participate to send details of their desired programme on [seminar.performances@sahajayogamumbai.org](mailto:seminar.performances@sahajayogamumbai.org) latest by November 22, 2016.

We shall be obliged and request all the Country Coordinators/ State/ City/ Centre co-ordinators to forward this circular to all sahaja yogi brothers and sisters, so that all can participate and benefit from this Spiritual Seminar.

Looking forward to your participation,

Warm regards and Love,

The Trustees,  
The Life Eternal Trust, Mumbai.

Smt Kalpana Srivastava  
Shri Rajiv Kumar  
Shri Praviin Jaawalkar  
Shri Sudershan Sharma

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## SITE INFORMATION:

**Seminar Venue:** Nirmal Nagari, Malgund-Bhailadi, Ganapatipule, District Ratnagiri, Maharashtra.  
Contact : + 91 2357 235663 / 235662

## Location :

<https://www.google.co.in/maps/place/Nirmal+Nagari,+Sahaja+Yoga,+Ganapatipule/@17.1823844,73.2561763,959m/data=!3m1!1e3!4m5!3m4!1s0x3bea1adcc38a111b:0x375837b08067984a!8m2!3d17.182141!4d73.2571089>

## How to reach there:

**By Road :** Distance to Ganapatipule ( in Kms) from :

Pune - 235	Mumbai-391	Nasik-492	Kolhapur-154	Mahabaleshwar-214
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## Best Road Route to Ganapatipule :

From Kolhapur	Chandoli - Amba Ghat - Karnjari - Pali - Hathkumbe - Nivali Phata - Ganapatipule
From Pune	Pune - Satara - Umbraj - Chiplun State Highway - Patan - Chiplun - Savarda – Nivali Phata-Chafe - Ganapatipule
From Mumbai	Panvel - Rohe - Mahad - Khed - Chiplun - Savarde - Nivali Phata- Chafe – Ganapatipule. Mumbai to Panvel 40 Kms Panvel - Pen 23 Kms Via Karnala, Nagaothane Pen - Vadkal Naka 9 Kms- Turn left on NH17; Straight goes to <u>Alibaug</u> Vadkal Naka - Kolad 40 Kms Kolad - Mangoan 18 Kms Mangoan - Mahad 29 Kms Mahad - Poladpur 21 Kms Poladpur - Khed 35 Kms -Caution : Ghat Roads in this stretch Khed - Chiplun 33 Kms Chiplun - Nivali 77 Kms .Turn right at Nivali for <u>Ganapatipule</u> Nivali - Ganapatipule 25 Kms .

**By Air:** Mumbai Airport, is approx 380 kms away from Nirmal Nagari, Ganapatipule. Sahaja Yogi volunteers will be available at Mumbai International and Domestic Airports to receive and assist Yogis/ yoginis to reach the Seminar site by private tourist vehicles / buses. Yogis/ Yoginis requiring Transport from Mumbai Airports and any other assistance at the airports can submit their request on email to [seminar.transport@sahajayogamumbai.org](mailto:seminar.transport@sahajayogamumbai.org) latest by **December 14, 2016**. Due to busy tourist season, early intimation is advisable.

Facility is available at the Mumbai airports for Prepaid taxis to Health Centre at CBD Belapur. Those travelling via Goa and Pune airports may make their own arrangements for travel to Nirmal Nagari.

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**By Train:** The closest Railway station, Ratnagiri, is approx 40 kms away from Nirmal Nagari, Ganapatipule. Sahaja Yogi volunteers will be available at Ratnagiri railway station from morning 8.00 AM, December 22, 2016 onwards to receive and assist participants to reach the Seminar site. Yogis/ yoginis requiring transport from Ratnagiri are requested to send their request on [seminar.transport@sahajayogamumbai.org](mailto:seminar.transport@sahajayogamumbai.org).

## **ACCOMMODATION:**

All participants shall be entitled to accommodation in a tent, only mattresses will be provided. They are requested to get their own chaddars / shawls and woollen clothes due to the winter season. Temperature may range from 12 – 33 degree celcius. A torch and a cap will be useful.

Foreigners will be provided accommodation in dormitories, and mattresses will be provided along with bedsheets.

Ganapatipule : Details of hotel accommodations at Ganapatipule are available on [www.sahajayogamumbai.org](http://www.sahajayogamumbai.org). You may book the accommodation directly with the hotels.

Pune : Transit Accommodation is available at Pune, Kothrud Ashram ( Sahaja Yoga Dhyan Kendra, Bhusari Colony, Paud Road, Kothrud Pune) at a nominal charge of Rs 300/- per day (without food) on first cum first serve basis before or after the seminar dates.

Health Centre : You may directly contact Health Centre at CBD Belapur for accommodation there.

## **MEDICAL FACILITIES :**

Though Basic Medical facilities will be available at the seminar site, you are requested to carry your prescribed medicines alongwith you.

## **WATER :**

Clean filtered water is available at the seminar site. Reverse Osmosis filtration plant has been installed which will provide clean water for drinking as well as cooking.

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**FOR ANY CLARIFICATIONS REGARDING SEMINAR, YOU MAY CONTACT US ON :**

<b>Mumbai Trust Office</b>	+ 91 22 26843169 , + 91 22 268313143 ( excluding seminar dates) + 91 7738111185
<b>Ganapatipule Seminar Office</b>	+ 91 2357 235663 / 235662
<b>Remittances/ payments</b>	+ 91 22 26843169 , + 91 22 26831314 <a href="mailto:seminar.payments@sahajayogamumbai.org">seminar.payments@sahajayogamumbai.org</a>
<b>Transportation from Mumbai</b>	<a href="mailto:seminar.transport@sahajayogamumbai.org">seminar.transport@sahajayogamumbai.org</a>
<b>Maharashtra Tours</b>	<a href="mailto:Maharashtratour@sahajayogamumbai.org">Maharashtratour@sahajayogamumbai.org</a>
<b>Accommodation at Pune</b>	+91 20 25283830 , +91 8806268830
<b>Sahaja Marriages</b>	<a href="mailto:sahajamarriages@sahajayogamumbai.org">sahajamarriages@sahajayogamumbai.org</a>
<b>Other Queries</b>	<a href="mailto:seminar.queries@sahajayogmumbai.org">seminar.queries@sahajayogmumbai.org</a>

**Jai Shree Mataji !**